

# FORT SAM HOUSTON News Leader

*"One Team, Supporting Military Missions and Family Readiness!"*

## Month of the Military Child has deeper meaning for wounded warrior Families

Story and photo by Staff  
Sgt. Matthew Clifton  
Special to American Forces  
Press Service

The road to recovery for a wounded warrior can be long and difficult, but with the help of Army medicine and the love of military spouses and children, that road is shorter and smoother.

For some Soldiers who use the Warrior and Family Support Center here, their sons and daughters have played an instrumental role in their recovery as wounded veterans.

Soldiers and their Families use the center at no cost to them while they receive care at Brooke Army Medical Center.

Through peer and community support and recreational activities, the center provides a high-quality setting for the whole Family

as they return to normal life.

Reestablishing Family responsibilities is critical to the recovery of many Soldiers.

At least 1.7 million American children have at least one parent serving in the military with an estimated 900,000 of

those with parents who have deployed multiple times overseas.

See GEREN P7



Army Secretary Pete Geren meets with Elizabeth Harris (left), and Abby Smith, children of wounded Soldiers April 29 during a visit to the Warrior and Family Support Center in observance of the Month of the Military Child. Geren applauded the contributions made by the children in supporting the recovery of their parents.

## \$69.9 million BRAC project to create new research laboratory on Fort Sam Houston

The latest project awarded as part of the Base Realignment and Closure construction program in San Antonio will provide a facility that consolidates Air Force and Navy bio-effects research at one location on Fort Sam Houston.

The U.S. Army Corps of Engineers, Fort Worth District has given a \$69.9 million contract to Skanska USA Building, Inc. for construction of the Tri-Service Research Laboratory, which will be located north of Brooke Army Medical Center. Skanska will oversee the project through its San Antonio office. The company's headquarters are located in Parsippany, N.J.

The Tri-Service Research Laboratory is an 181,000 square foot facility that will house Air Force and Navy research programs that address the health and safety effects of exposure to a variety of stressors. These programs currently operate in a collection of buildings located at Brooks City Base in San Antonio. The new facility on Fort Sam

See BRAC P7

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# Military Spouse Appreciation Day May 8

## A message from Secretary of the Army Peter Geren, Chief of Staff of the Army Gen. George Casey and Sergeant Major of the Army Kenneth Preston

In the 19th century the Army protected settlers moving west. Army spouses braved the journey and life on the frontier to be with their Soldiers. When relocating, they rode ox or horse-drawn carts and wagons and sometimes, even walked. They confronted harsh climates, disease, and attack while coping with military life.

While times have changed, today's Army spouses still confront many challenges. In the 21st century the Army has a global presence in eighty countries. Today,

Army spouses confront multiple deployments, relocations, and separations while gracefully coping with military life.

In 2007 we instituted the Army Family Covenant and the Army Community Covenant, in part to recognize the commitment and increasing sacrifices that our Families make every day and to acknowledge that the strength of our Soldiers comes from the strength of their Families. Our spouses are community leaders, careerists, mothers, fathers, and Soldiers. Our

spouses routinely put the welfare of their Soldier, Family, and nation above their own. After almost eight years at war and multiple deployments, our active, reserve, and National Guard spouses continue to support America's Army unconditionally.

In 2009 we continue to be humbled by your sacrifices and remain committed to providing you the quality of life commensurate with your service. Also, as we celebrate "The Year of the Noncommissioned Officer" in 2009, we are

reminded that the NCO Corps is the backbone of the American Army, and our spouses are the backbone of the

American Army Family.

On May 8, Military Spouse Appreciation Day, we salute you. Army Families, Army Strong!

### Weekly Weather Watch

	May 7	May 8	May 9	May 10	May 11	May 12
San Antonio	<b>94°</b> Partly Cloudy	<b>94°</b> Partly Cloudy	<b>92°</b> Partly Cloudy	<b>88°</b> Partly Cloudy	<b>90°</b> Partly Cloudy	<b>86°</b> Partly Cloudy
Kabul Afghanistan	<b>71°</b> Chance of Rain	<b>77°</b> Chance of Rain	<b>73°</b> Chance of Rain	<b>73°</b> Overcast	<b>69°</b> Overcast	<b>77°</b> Overcast
Baghdad Iraq	<b>89°</b> Partly Cloudy	<b>93°</b> Partly Cloudy	<b>89°</b> Partly Cloudy	<b>93°</b> Partly Cloudy	<b>91°</b> Overcast	<b>100°</b> Partly Cloudy

(Source: Weather Underground at [www.wunderground.com](http://www.wunderground.com))

### Thought of the Week

Dig as deep as  
you have to, and rise  
as high as you can.

— Alice Greenwald

(Source: Bits & Pieces,  
May 2009)

### News Leader survey online

Submit your feedback to  
help improve the  
News Leader.

The survey is available  
online at <http://www.samhouston.army.mil/publicaffairs>. For more information,  
call 221-0615 or  
221-1031.



## News Briefs

### On-post housing assessment survey

Fort Sam Houston Family Housing residents started receiving a resident assessment survey via e-mail April 20. The e-mail provides a Web link for residents to complete the Army's annual resident assessment survey. This survey is being administered through a third party, Educational Benchmarking, Inc., at the request of Residential Commercial Initiative Army Headquarters. The purpose of the survey is to let residents and their Families tell RCI how well their on-post housing needs are being met. The information residents provide will help with future improvements to the housing facilities and services. Resident's answers are strictly confidential, please offer honest responses. No personal data will be tabulated, and the survey in no way identifies residents or the residence they currently occupy. This is your opportunity as a Fort Sam Houston Family Housing resident to help make a difference. For more information, call Patricia Baker at 221-0891.

### Military Spouse Appreciation Day

The Fort Sam Houston Family and Morale, Welfare and Recreation Directorate will host a Military Spouse Appreciation Day May 8 from noon to 6 p.m. at Army Community Service, Building 2797. This is a free event to recognize military spouses for their contributions and sacrifices. Vendors will be on hand providing free services such as waxing, massages, and haircuts. A children's area will also be available. Refreshments will be provided. There will be drawings, door prizes and give-aways. All military spouses are welcome. For more information, call 221-2705.

### National Women's Health Week

Fort Sam Houston will celebrate National Women's Health Week May 8 from noon to 6 p.m. at Army Community Service, Building 2797, and the Brooke Army Medical Center's Mall. Preventive health tips for women will be provided at both locations.

### Fort Sam Houston Safety Day

Fort Sam Houston will hold a Safety Day event May 20 from 11 a.m. to 3:30 p.m. at Army Community Service, Building 2797 and in the parking lot. For more information, call Marc Johnson at 221-3846 or e-mail william.marcus.johnson@us.army.mil.

### Fort Sam Houston Memorial Day Ceremony

The Fort Sam Houston National Cemetery will hold a Memorial Day Service May 25 at 9:30 a.m. A musical interlude by the U.S. Army Medical Command Band will begin at 9 a.m.

### Gazebo concert

Installation Management Command-West and the U.S. Army Garrison will host a gazebo concert May 31 at 7 p.m. at the gazebo on Staff Post Road. The event is free and open to the public.

### Officer Candidate School interviews

Fort Sam Houston Structured Officer Candidate School interviews will be held June 10 at Human Resources and Administration, 1706 Stanley Road, Building 2263, Room B100. Deadline for submissions of applications is June 2. For more information or to pick up a sample application, call Sylvia Villarreal at 221-0885.

### Asian Pacific Heritage Month

An Asian Pacific Heritage Month opening ceremony will be held May 7 from 12 to 1 p.m. at the Post Exchange, the Asian Pacific Heritage Exposition will be held May 26 from 11 a.m. to 12:30 p.m. at Army Community Service, Building 2797. For more information, call Master Sgt. Megan Grant at 295-6800.

### Warrior in Transition Community First focus group

A Warrior in Transition Community First focus group will be held May 14 from 8 to 11:30 a.m. at the Warrior and Family Support Center. For more information or to participate, call 221-2543 or e-mail samh.cms@conus.army.mil.



Col. Troy Lovett, who served as the Texas Physical Evaluation Board president from Jan. 3, 2006 through March 31, 2009, Brig. Gen. Reuben Jones, commander, U.S. Army Physical Disability Agency and Col. Martin Tittle, Texas PEB president cut the ribbon officially opening the new facility for the Physical Evaluation Board.

## PEB staff move into new home

Story and photo by  
**Esther Garcia**  
Fort Sam Houston Public Affairs

In an informal ceremony, distinguished guests, friends and staff members of the Physical Evaluation Board gathered inside Building 323 to celebrate the opening of their new home with a ribbon and cake cutting ceremony April 28.

Surrounded by new furniture and freshly painted walls, keynote speaker, Brig. Gen. Reuben Jones, commander, U.S. Army Physical Disability Agency; Col. Martin Tittle, Texas Physical Evaluation Board president; and Col. Troy Lovett, former Texas PEB president, cut the ribbon inside the new building officially opening the facility for the PEB.

Due to the possibility of rain, the ribbon cutting was held inside the new building.

Tittle thanked everyone involved in the project and provided a brief background of

PEB. "The PEB is an integral process of a Soldier going through the disability process. We work with Soldiers, they are very important to us. The new facility adds a new dimension and it is a long time overdue. We spent over 30 years in the old facility. We can now serve our Soldiers in a better way in our new facility."

Following his welcome remarks Tittle introduced the keynote speaker.

"Because of our leadership, many of you, have put the focus back on our Soldiers," said Jones.

Jones and Tittle credited the new building to former Texas PEB President, Col. Troy Lovett, who envisioned a new building and was heavily involved in the design. Jones said with the big open rooms, where decisions are made, will ensure fair and open hearings.

Jones thanked the Fort Sam Houston community, U.S. Army

Corps of Engineers and lawyers who help PEB take care of Soldiers.

The new facility, in Building 323, is a one story building with approximately 6,400 square feet of space. The building includes space for the legal, medical, adjudication and administrative staff members, handicap restrooms, storage space and parking space, as well as two hearing rooms for use in determining whether Soldiers will return to service or separate from the Army.

The PEB also assists the Army's disabled Soldiers and their Family members who are going through the disability outplacement process. The PEB has served more than 7,000 Soldiers in the past 12 months.

The ceremony concluded with a reception and a tour of the new facility as members of the Army Medical Command Band provided a selection of patriotic music.



# Old movie theater destined to open doors again

## Retired NCO remembers old movie house

By Minnie Jones

Fort Sam Houston Public Affair Office

Reminiscent of Spanish missions of yesteryear the old Fort Sam Houston Main Theater, Building 2270, has sat vacant for several decades. The two-story, white stucco building is hard to miss as you drive down Stanley Road with its five arched entryways, dark brown embellished doorways and its mission-style bell tower.

Constructed in the Mission/Spanish Colonial Revival style that was popular in the south and southwest during the 30s, the 1,104-seat theater was the main movie house on post for over 40 years, showing the latest movies to the post community until it closed some years later after the Evans Theater opened in 1972.

After closing, the former theater was used to host the U.S. Army Soldier Show for several

years and then later its mission became holding various training functions for the Fort Sam Houston community, until closing it doors and falling into serious disrepair.

Although many people on Fort Sam Houston remember the old Main Theater, not many remember the theater as well or feel as close to Building 2270 as retired Army Sgt. 1st Class Fred Burton does.

Burton, still spry at 70 years old, is employed at Army Medical Department Television, (AMEDD TV) at Fort Sam Houston as an electronic technician.

Burton grew up on the island nation of the Commonwealth of Dominica, and while tagging along with his childhood friend, Cuthbert who worked at the town's only movie theater he learned how to be a projectionist.

After relocating from his hometown to New York City, Burton was

soon drafted into the U.S. Army in 1962 as a field radio mechanic, and was eventually assigned to Fort Sam Houston as a 26T Radio/TV Systems Specialist.

It was not until years later that Burton would come to realize that those lessons in the movie theater back home, would prove to be beneficial to him.

During his assignment here at Fort Sam Houston, Burton, then a staff sergeant, worked as a part-time employee for the Army and Air Force Exchange Service as a projectionist showing the latest movies to moviegoers at both the Main Post and Evans theaters.

In April, Burton got a chance to go back into the old Fort Sam Houston Main Theater to look around and relive some of his fondest memories



of living

on Fort Sam Houston and manning the projectors in Building 2270.

Even though the theater was worst for wear, its bones were still filled with character, anyone visiting the theater could still see how beautiful it must have been back in the 30's, with its dark wooden staircase leading up to the second floor.

The lobby was spacious as most theater lobbies were during that time, the beams that extended across the ceilings, still have the intricate designs etched on

them, which could barely be seen peeping through the layers of dust that had accumulated over the years.

Burton walked around at first, silent, taking it all in, and then he began pointing at different objects in the building, but you could tell that he couldn't wait to get up to the old projection area, where he ran the film that took moviegoers to a different place every week.

When he climbed the dimly lit steps to the small room overlooking the theater, the old projection units were gone; they had been replaced with old air conditioning ductwork and other pieces of equipment. Even though the room was dark and dusty, Burton was still eager to point to where the projectors use to be located.

Once Burton got up to the projection booth and

looked through the porthole, he said, "This brings back great memories, you see, what I use to do before I started a film, was to look through the porthole to see how excited the crowd was; I use to do this before every movie – this is great."

After more than two decades of lying dormant, the theater is now scheduled for renovation, with a new mission in hand.

### The Main Post Theatre Renovation Project

Under the 2005 Defense Base Closure and Realignment, the 14,692 square foot building is scheduled for renovation. The BRAC project involves repairing the existing structure and building a 26,000 square foot addition. This project will support the BRAC realignment of the Family Morale Welfare and Recreation Command, Army Entertainment Division,

**See THEATER P8**



Courtesy photo

Vintage photo of view from center stage of old Fort Sam Houston Main Movie Theater



Photo by Minnie Jones

John Brenneman, Department of Public Works, Fort Sam Houston, escorted Fred Burton into the old Fort Sam Houston Main Theater, April 28 to look around.



Courtesy photo

Interior view of main lobby of the Fort Sam Houston Main Movie Theater in 1935, the year it opened on post.

# U.S. Army North helps put hurricane plans to test

By Patti Bielling  
U.S. Army North

A step-by-step hurricane response drill allowed a host of state and federal agencies to test their disaster contingency plans before the June 1 start of hurricane season.

More than 150 planners and consequence managers assembled at Fort Belvoir, Va., April 14 and 15 for what has become an annual exercise before the start of hurricane season.

U.S. Army North, the Army component of U.S. Northern Command, Peterson Air Force Base, Colo., organized the event as part of its mission to

support civil authorities during disaster.

The exercise was designed to fully coordinate the support that active military forces could be asked to provide states and the Federal Emergency Management Agency in the event of a major hurricane, said Maj. Gen. John Basilica, who commands U.S. Army North's Operational Command Post 1.

"This rehearsal has become an excellent opportunity for Army North, the hurricane-prone states, the military services and the Federal Emergency Management Agency to literally walk through their response plans, phase by phase,

from pre- to post-landfall and beyond," Basilica said.

This is the third time that the command has organized the drill, and each has been better than the last, said Lt. Col. Dan Clark, an operations officer who helped plan the exercise.

"Attendance has grown every year," Clark said. "Participants gain an understanding of what all of the other agencies are doing and how all the plans fit together. It's an opportunity to identify any capability gaps and correct them before the storms hit."

The event scenario opens 120 hours before landfall of a major hurri-

cane and continues until at least 48 hours after landfall, Clark said.

This year's notional storm will hit southern Florida before gaining strength in the Gulf of Mexico and striking Alabama and Mississippi.

The multi-state scenario was designed to allow a great number of agencies and states to walk through their concept plans. In addition, the Navy plans to rehearse a maritime response for the Florida Keys, Clark said.

The drill is just one of many hurricane response planning events for Army North, headquartered at Fort Sam Houston.

In recent months, the

command's defense coordinating officers have participated within their assigned regions in various state and federal conferences and exercises. These events better prepare the officers and their seven-person element to coordinate federal military disaster support on the ground.

In April, Army North also established and certified an 11th defense coordinating officer and element to serve as a back-up to the 10 regional DCOs, and the command's two deployable task force headquarters are exercising their mission of controlling federal forces deployed for hurricane response.

In addition, the command has been working with hurricane-prone states and the Department of the Army to ensure that commonly requested military equipment such as ground vehicles and helicopters will be available if state capabilities are overwhelmed during hurricane season, Clark said.

"We spend a lot of time during the off-season and year round to understand what we might be asked to provide when a major storm hits," he explained. "We work hard to anticipate the needs of our federal, state and local partners so we can be responsive when needed."

# New vendor credentialing program implemented at BAMC

By Jen Rodriguez

Brooke Army Medical Center  
Public Affairs

Effective May 15, Brooke Army Medical Center vendors will go from 'Hello My Name is' badges to a full-fledge vendor management program that includes a photo I.D. with their company name.

The change is due to the implementation of vendor credentialing, a mechanism put in place to help manage vendor behavior in the hospital and ensure BAMC's compliance with Joint Commission Standards.

No longer will hospital departments have to maintain competency

folders for vendors; their information will all be maintained, and accessed on a computer.

All vendor credentials will be documented in a secure online national database according to Capt. Steven Stovall, chief of Material Branch at BAMC.

"The program utilizes database technology and color-coded badges as tools to ensure that vendors comply with Joint Commission Standards and BAMC's commercial vendor policy," he said. "Departments are given the tools to manage their vendors."

April 20, 21, 23 and 28, both vendors and BAMC staff attended 30-

minute training sessions to learn more about the program, and how to comply with the new changes.

When a vendor comes into the hospital, he or she must check in with a badge at the information desk access point. The person at the desk identifies the person, and confirms the vendor's credentials on the computer screen. If the scanned badge reveals all green flags, they're given a BAMC logo sticker to put on the badge authorizing visits with clients in the building.

If there is a red stop sign, the vendor is made aware of the flagged badge and will not be

allowed to enter the facility. Upon a vendor's initial visit to the facility they are temporarily issued a visitor badge, which limits their access to hospital departments. Credentialing is done annually.

Vendors have 30 days, until June 15 to get all their necessary credentials into the system, said Stovall. After that time, "vendors will not be allowed access to the BAMC campus unless it is their first visit."

"The vendor management program also offers many advantages to our vendors to include the ability to make appointments with staff members and the assurance that

everyone is held to the same standards," he said.

Levels of access are based on a color-coded system, developed by the vendor management program.

Vendors must sign in and out of the hospital; otherwise they will be unable to visit any other facility utilizing this program until the previous entry has been cleared.

In the past, a number of vendors would cruise the hallways to discuss their product and services with clinicians and administrative staff, said Stovall. "We had no program in place to address this behavior. Our new vendor management program has the potential to alleviate this practice (cruising)."

To prove the point, Stovall conducted his own research. He visited the hospital in plain clothes

posing as a vendor. His findings revealed it was easy to do the wrong thing.

SAMMC North (BAMC) is the first Department of Defense medical facility to contract the services of a vendor management program.

Stovall said the civilian sector has utilized them for about six years and after about nine months of tailoring this program to specifically meet our needs at BAMC; the program will go live on May 15.

Additionally, the program adds an additional level of security for BAMC staff and patients including a background security and sex offender check of vendors that wish to conduct business with BAMC, he said.

"The program is only as good as we make it," he said.

**GEREN from P1**

On April 29, Army Secretary Pete Geren expressed his personal appreciation to a group of children of wounded warriors at the center.

"The Army is asking a lot of you all and I hope that we are doing everything we can to help you and your parents," Geren said.

Abby Smith, 10, the daughter of Spc. Jourdan Smith, an infantryman who served with the 3rd Brigade Combat Team, 2nd Infantry Division, Fort Lewis, Wash., knows firsthand the hardships Family members can face supporting their wounded warriors.

"When I first got injured, she didn't want to look at me, and I used to have to make fun of my

injuries to try to cheer her up," said Smith, recalling how he told his daughter the wounds on his leg looked like train tracks. "She had a hard time dealing with my situation at first, but now she helps me more than I can believe."

"It was like she went from 8 to 18 in just two years."

Abby was 8, and her brother was 10 months old, when her father was injured by gunfire while serving in Iraq. She felt sorry for her father, as well as for her mother who stepped up to take care of the whole Family. So Abby contributed by helping her dad exercise his knee and by bringing him blankets on cold days and ice on warm days.

The crucial role spouses

and children play in the recovery of injured Soldiers is not lost on the Smith Family, who also remember the days before the injury when Smith could play a more active role in the life of his daughter.

"Before I could run and play with her, but now I have to sit and watch," Smith said. "She has done incredible though, and will help me tie my shoes or clear the table for me."

But the sacrifices Abby has made to help her father are larger than just helping around the house. Abby was forced to miss a lot of school after her father's injury, and eventually had to be taken out of public school in favor of home schooling.

"There are so many times I feel like I can't do

anything, and there Abby is to help me out with whatever I need," Smith said. "She is my life, and I feel like I owe my life to her." Their story is not uncommon. Staff Sgt. Shilo Harris, a Soldier recovering at BAMC, suffered burns on 35 percent of his body, and credits his daughter as the inspiration for his hugely successful recovery. His youngest child, Elizabeth, was 4 years old at the time, and when Harris was discharged on an outpatient status, Elizabeth assisted her mother with his daily care.

Since 1986, the Defense Department has recognized the sacrifices and applauded the courage of military children by designating April as the Month of the Military Child.

**BRAC from P1**

Houston is scheduled for completion in the spring of 2011.

The U.S. Army Corps of Engineers has also awarded a related \$367,000 contract for installation of the ducts and cabling necessary to provide voice and data communications to the laboratory facility. This contract went to Blackhawk Ventures, LLC, which is based in San Antonio.

These contracts are among 30 contracts worth more than \$700 million that are scheduled to be awarded for BRAC and other military construction projects in San Antonio by the end of fiscal year 2009, which runs

through Sept. 30. They come in addition to the \$1.2 billion in BRAC and BRAC-related construction contracts that were awarded in fiscal year 2008. The prime contractors that have received BRAC contracts are hiring many subcontractors from the San Antonio area to help complete their projects.

The peak of construction activity for the San Antonio BRAC program is anticipated late this summer, when more than 2,200 construction workers are expected to be spread across various project sites.

(Source: U.S. Army Corps of Engineers)



## Outstanding Service



Photo by Ed Dixon

Master Sgt. Tony Erskine, First Army West Division, Fort Carson, Colo.; Sgt. 1st Class Keith Foster, Army Medical Department Center and School; Maj. Corey Daughtrey, U.S. Army Medical Command; Chief Warrant Officer Carlos Nazario-Montijo, 314th Military Intelligence; and Sgt. Maj. Troy Foster, Great Plains Regional Medical Command are honored for their service during a retirement ceremony April 30 at the post flagpole.

### THEATER from P4

and provide the future home of the U.S. Army Soldier Show.

The project will alter the existing movie theater configuration to support theatrical performances and provide space for the Army Entertainment Division theatrical and administrative staff.

The renovation of the existing building will retain many historic characteristics of the interior, such as the lobby, and other areas including preservation of existing frescoes and wall murals.

The project will include replacement of interior mechanical, electrical, and plumbing systems; replacement of theater seating, soundproofing and reflective sur-



Photo by Minnie Jones

Retired Army Sgt. 1st Class Fred Burton looks toward the entryway of the projection booth where he ran the movie projectors in the old Main Post Theater, April 28.

faces; replacement of the existing cinematic theater auditorium ceiling with a performance theater ceiling to meet the acoustic and lighting requirements of a performance theater; construction of infrastructure to support theater curtains, sound, and lighting systems; and reconstruction of the

stage to incorporate a fly tower and associated rigging, lighting, electrical, fire, and sound systems.

Although the project has not yet been awarded to a construction firm, it is anticipated that work at the site will begin in late 2009. The project is scheduled to be completed by late summer of 2011.



MAY 7, 2009

## Warrior's Weekend Fish Fry



Photo by Lt. Col. William McCaskill

Wounded warrior, Spc. Chad Miller, B Company, 40th Engineer Battalion, Baumholder, Germany talks with Warrior's Weekend President Ron Kocian of Victoria, Texas, at the annual Warrior's Weekend fish fry April 28 at the Warrior and Family Support Center. Committee members fried catfish for 250 warriors and their Family members, to announce the Warrior's Weekend scheduled May 16. Warrior's Weekend is a daylong fishing tournament in Port O'Connor, Texas for wounded warriors and their Families. Kocian estimates 170 fishing captains will donate their boats and time to support the warriors and their Families.

# Missions baseball Military Family Appreciation Night

Photos by Tiffany Boulez



The U.S. Army Garrison Color Guard present the colors at the San Antonio Missions baseball Military Family Appreciation Night April 29.



Command Sgt. Maj. Marshall Huffman, 32nd Medical Brigade, throws the opening pitch at the San Antonio Missions baseball game April 29. The San Antonio Missions baseball team opened their arms inviting Fort Sam Houston Soldiers and their Families to partake in the first of five free Military Family Appreciation Night games throughout the season.



Twin brothers, Sgts. 1st Class Timothy and Thomas Harris sing the National Anthem for a crowd of baseball fans at the San Antonio Missions baseball game. The Missions will host the next Military Family Appreciation Night May 13.



# AMEDDC&S holds attrition summit to address programs, initiatives, policy

Leaders and training professionals from the Army Medical Department Center and School attended the first AMEDDC&S Attrition Summit April 29. Hosted by the Dean of the Academy of Health Sciences Col. W. John Luciano, the summit covered the gamut of issues relating to Academy attrition programs, initiatives, and policy.

Reducing attrition, the number of students who do not complete their assigned training, will result in reduced spend-

ing, increased efficiency, and continued top quality medical training for Army medical personnel.

Methods of identifying, collecting, measuring, and reporting attrition data can and do vary greatly among agencies. By sharing success stories and determining best practices, AMEDDC&S will be able to select or consolidate the most effective programs.

Col. John Cook, chief of staff at the AMEDDC&S and keynote speaker, discussed the importance of addressing

attrition on a consistent basis.

Dr. Robin Tefft, with the Army Center for Enhanced Performance, spoke to participants about ACEP programs that work with educators, as well as students in areas such as time management and test taking.

Petra Alfred, from the Army Research Laboratory, discussed past and current research studies regarding the contributing factors of academic attrition in the Army Medical

Department, as well as the implications of those findings and directions for future research.

Participants heard success stories firsthand. Personnel from the Animal Care Specialist training program, which at one time had one of the highest attrition rates in the medical training field, discussed how, after instituting a number of changes to the program, they reduced their attrition rate significantly.

Personnel from the 32nd Medical Brigade

spoke about the impact of the students' quality of life on the attrition rate.

Representatives from the Sixth Army Air Defense Artillery Brigade at Fort Bliss were there to share the success they achieved through their "Pass Program."

The summit ended with a presentation by Dr. Claude Bowman, AHS associate dean, during which he provided a literature review on current education theories and best practices. He also identified and summarized key points of the

day.

AMEDDC&S attrition summits will be conducted regularly in the months to come. The April 29 summit was "the first step toward truly addressing attrition from an educational standpoint, smartly and efficiently," according to Sgt. Maj. Michael Brown, AHS chief instructor and writer and one of the key players in the planning of the program.

(Source: Army Medical Department Center and School)

## MILITARY SPOUSE APPRECIATION DAY

# ACS plans recognition for local spouses

By Cheryl Harrison

Army Community Service,  
Marketing

May 8 is dedicated to Military Spouse Appreciation Day. All military spouses of active duty and retired military members are invited to Army Community Service, Building 2797, from 12 to 6 p.m. for an afternoon of free events designed to say 'you are special.'

A variety of vendors will be on hand to give manicures, pedicures, haircuts, facials, waxing and massages.

Besides being pampered, military spouses will receive information on health, wellness and nutrition. Refreshments will be served and the children will be occupied with activities and the ever popular bouncers.

In 1984 President Reagan proclaimed the Friday before Mother's Day of each year to be Military Spouse Appreciation Day in recognition of the "countless personal sacrifices" military spouses have made in support of the Armed Forces from the earliest days of the Continental Army.

It is a day that is set aside each year to recognize and honor the contributions and sacrifices of military spouses. Since 1984, each President and senior military leaders have echoed

the sentiments expressed by President Reagan. In addition to the public support and recognition of these leaders, events are commonly sponsored at installations across the states and around the world to recognize the importance of these unsung heroes.

It important on a local level to thank and honor those who support Soldiers on a daily basis, whether it be Family members, supervisors or the community, the Army Family Covenant "recognizes that the strength of our Soldiers comes from the strength of their Families."

Col. Mary Garr, U.S. Army Garrison commander Fort Sam Houston, also a military spouse, gives a few tips to young spouses today, "First understand your spouse and understand as much as you can about the roles your spouse has. Also be Army Strong for your Soldier, your Family and yourself. The active duty spouse will draw strength from you. And of course, realize that the Army is a way of life. We need our spouses as much as anything to complete the mission."

Michelle Czerw, wife of Maj. Gen. Russell Czerw, commander, Fort Sam Houston and Army Medical Department Center and School said, "Family is very impor-



While Capt. L. Julian Cuervo is deployed to Camp Humphreys, Korea, Tania Cuervo keeps dad involved in all the milestones of his Family's life via computers and Web cam. The Cuervo's twin daughters recently attended their high school prom and dad was "there" to meet the dates and approve the dresses. Though he might not have been able to attend in person, due to modern technology he was able to be a part of the exciting day in his daughters' lives. Pictured are 17 year old twins, Katherine Cuervo (left) and Yazmine Cuervo with dad Julian on Web cam.

tant. Keeping things together at home is absolutely important in support of our Soldiers. I wouldn't trade this life for the world."

While their husbands or wives took an oath and signed on a dotted line when they joined the military, spouses were enlisted with the vows they took on their wedding day. In choosing their mates, they inadvertently chose their way of life. While others have the luxury of decorating their homes knowing they will be there for the duration, military spouses decorate their homes

hoping they will be there for three years. While their civilian spouse counterparts slowly gather a network of schools, churches, dentists and doctors; military spouses hit the ground running. They know they have a limited time to set down roots before it's time to pack up again.

For many people, the constant moving would discourage them from connecting with the local community; for the military spouse, this does not hold true. They face these changes in their life head on, making them stronger and less fearful

**Military Spouse Appreciation Day will be held May 8 from 12 to 6 p.m. at Army Community Service, Building 2797. All military spouses of active duty and retired military members are invited to attend an afternoon of free events designed to say 'you are special.'**

of the obstacles they find at each new duty station.

With only eighteen months to three years at most duty stations, military spouses know they have a limited time to make friends and contribute to their new community. They find the Parent Teacher Association, church and community simply a path to involvement and a network of new friends.

Many times, more often than not, the military spouse has put their personal careers on hold as they take on the role of the only constant for their children while mom or dad is deployed or remote. They remain steadfast in their position as a military spouse knowing that they are doing the right thing.

Tania Cuervo is a perfect example. "Being a military spouse you make sure when dad is away, to do everything possible to include him in milestone events, such as prom. This year my daughters had their prom at Cole High School. So we took a fam-

ily picture with dad live on Web cam."

Military spouses come from diverse backgrounds, calling places like Texas, New York, Germany or Korea the place they were born, but the one thing they learned is 'home' is where the military has sent them.

Their unfailing support of their military husband or wife and the mission of the United States military is something that goes unrecognized throughout the year, yet they are so deserving of more than a simple thanks. Military spouses make the mission possible.

"It is an amazing thing to be a part of history in the making. When our Family passes the baton to future generations, it will have our fingerprints all over it," said Greta Chaney wife of Lt. Col. Kim Chaney, U.S. Army North.

On Military Spouse Appreciation Day, for more information call 221-2705.



# Tranquility Room offers care to caregivers

Story and photos by Jen Rodriguez

Brooke Army Medical Center  
Public Affairs

A ribbon-cutting ceremony was held April 30 at Brooke Army Medical Center for the U.S. Army Institute of Surgical Research's Tranquility Room, which specializes in caring for the caregiver.

Brig. Gen. James Gilman, commanding general, Great Plains Regional Medical Command and BAMC; Col. Kathryn Gaylord, director of the Provider Resiliency Program; USAISR Commander Col. Lorne Blackbourne and Col. Kimberly Smith, chief nurse of USAISR Burn Center, joined together to open the doors of a room geared towards helping staff to enhance relaxation and decrease stress.

"Sooner or later, the love of work begins to tell on you," said Gilman. "When we show concern for our staff; it enables them to be better at war-rrior service."

Developed over a nine-month period at BAMC, the Tranquility Room is one piece of the 'Caring for the Caregiver' Provider Resiliency Program.

"The intent of the program is to provide interventions to assist the clinical staff with stress management," said Gaylord. "The outcome of taking care of the caregiver is to decrease compassion fatigue and burnout,

while increasing compassion satisfaction.

"Research has demonstrated that providing a better work environment will increase retention, decrease burnout and increase patient care and satisfaction. The long-term goal is better patient outcomes," she said.

Blackbourne explained there's a concern at the Army Medical Department Center and School for the people working here through trying times.

"It starts to wear down on you through the days, months and years. We wanted to get the people back to provide the best possible care," he said. "We want to make sure that we optimize the care of the wounded warriors and the civilians who care for them."

Smith said the room is dedicated to caregivers; everyone who works so hard to take care of our warriors.

Since the war started, compassion fatigue has

been recognized throughout the Medical Command military training facilities, said Gaylord.

"Army Medical Department Center and School was given the task of training, and USAISR was given the grant to develop a program that could be copied for all AMEDD staff," she said.

In the past, staff members seeking relaxation, went to a staff psychiatric clinical nurse specialist that USAISR had for three years. The nurse specialist provided education, counseling and referral for staff members.

In September 2007, a request for ideas was sent to all regional medical centers for program proposals to treat compassion fatigue, during Maj. Gen. Gale Pollock's tenure as acting Surgeon General. Research revealed that big businesses such as Google, Nike and Honda had similar programs.

"The USAISR team put



Brig. Gen. James Gilman, commanding general, Great Plains Regional Medical Command and Brooke Army Medical Center; Col. Kathryn Gaylord, director of the Provider Resiliency Program; USAISR Commander Col. Lorne Blackbourne and Col. Kimberly Smith, chief nurse of USAISR Burn Center, join together in a ribbon-cutting ceremony to signal the opening of the USAISR Tranquility Room April 30. More than 40 people attended the ceremony held on fourth floor of BAMC.

together a proposal with several options," said Gaylord. "We were selected and given a grant to create the Process Improvement Program, which began Oct. 1, 2007. The project complements the Provider Resiliency Training Program instituted by the Army Medical Department Center and School."

Additional funding for the completion of the room was provided by

MEDCOM and supporters of Operation Comfort, a local nonprofit organization with a primary focus of helping wounded servicemembers and their Families at BAMC.

The first of its type in a military training facility, the Tranquility Room incorporates lighting, sound and movement to create a tranquil atmosphere. The walls, ceiling and floor are painted dark brown. Stones at the

base of the wall symbolize a river. Aromatherapy and battery operated candles also create a sense of relaxation.

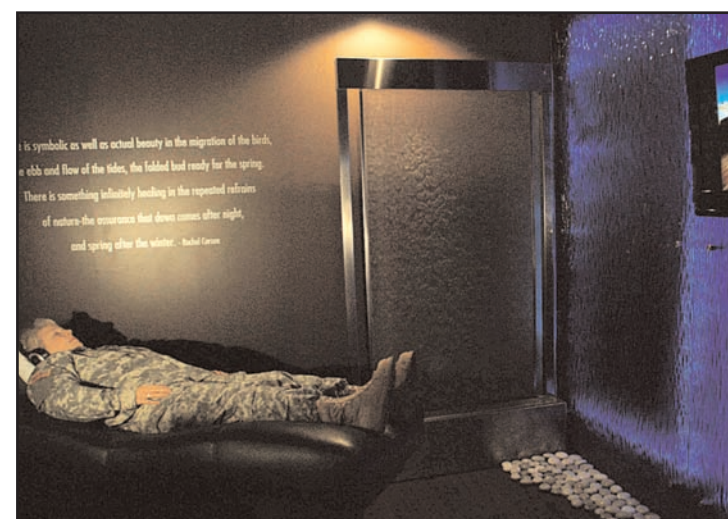
A Symmetron chair moves in waves, synchronized with binaural music. There is also a massage chair, a waterfall, and a TV with specialized relaxation tapes. The highlight of the room is the blue glass lighted wall that resembles water.

Although, the original grant was intended to create a program for the clinical burn staff of the USAISR; multidisciplinary clinical burn staff have priority over using the Tranquility Room. Additionally, USAISR staff working in the research building and BAMC staff may use the room by appointment only. Persons are limited to eight to 10-minute sessions.

The tranquility room is the perfect compliment to the whole program, said Gaylord.



Chaplain (Capt.) Junghun Park takes a moment to try out the massage chair during a tour of the Tranquility Room April 30, following the ribbon-cutting ceremony.



Col. Kathryn Gaylord, director of the Provider Resiliency Program, demonstrates how the Symmetron chair works, while listening to music through headphones April 30, before the U.S. Army Institute of Surgical Research ribbon-cutting ceremony for the Tranquility Room.



## Announcements

### Summer Youth Bowling League

The Fort Sam Houston Youth Summer Bowling League will begin June 6 at noon. Cost to bowl weekly is \$6. Registration will be held May 30 and 31 from noon to 2 p.m. at the Fort Sam Houston Bowling Center. A \$13 registration fee will apply. For more information, call 221-4740 or Don Johnston at 657-1363.

### CYSS sports

Child, Youth and School Services is accepting registration for tackle football, flag football

and cheerleading for children 5 to 14 years of age now through May 29 at Central Registration, Building 2797, Stanley Road. Child's current shot record; sports physical; child's social security number; name, address and phone number for two local emergency contacts; and proof of total family income are required at the time of registration. For more information, call 221-4871.

### Microsoft Office 2007 classes offered

Army Community Service's Microsoft instructor will offer the following Microsoft Office 2007 classes: May 13 – Intro to computers; May 15 – Excel Level 2; and May 18 – PowerPoint Level 1 from 8 a.m. to noon at ACS, Building 2797, in the computer lab. Registration is required. For more information or to register, call 221-1841 or e-mail [jennifer.lobos@us.army.mil](mailto:jennifer.lobos@us.army.mil).

### Driver's education classes

Child, Youth and School Services is offering a driver's education course through the Schools of Knowledge, Inspiration, Exploration and Skills program. Register for the spring session by May 12. Classes are open to all Department of Defense I.D. card holders. For information on class times, cost of course or to make a reservation, call 221-9548.

### Harlequin Dinner Theatre

The Harlequin Dinner Theatre will feature "Angel Street," a Victorian thriller by Patrick Hamilton, Thursday through Saturday evenings through May 23. This Broadway hit tells the story of the Mannings, who live on Angel Street in 19th century London. For more information on show times or to make a reservation, call 222-9694.

### Commanders training

The Family Advocacy Program,

### Free movie nights

#### May 8 - "Hotel for Dogs"

8:15 p.m. at the Post flagpole

#### May 9 - "Wall-E"

8:15 p.m. at the field between Youth Services and the Dodd Field Chapel

Moviegoers should bring lawn chairs, blankets and beverages. In case of inclement weather or muddy fields the alternate site for movie night will be the Army Community Service auditorium, Building 2797, movies will begin at 7 p.m. For more information, call 221-2418 or 221-2705.

Commander and Senior Leader Training will be held the second Thursday of every month from 8 to 10 a.m. at Army Community Service, Building 2797, Stanley Road. The training is for new commanders, first sergeants, and sen-

ior leaders. This training needs to be completed within 45 days upon assumption of these positions. For more information or to register, call 221-0349 or 221-2418.

## Calendar of Events

### MAY 8

#### Martini and Manicure

The Sam Houston Club will host a Martini and Manicure event May 8 from 4 p.m. to 7 p.m. Reservations are preferred. Walk-ins are welcome subject to availability. Tickets are \$12, which includes manicure service plus one complimentary drink. For more information or to make a reservation, call 224-2721 or 226-1663.

### MAY 9

#### Night at the Missions

The San Antonio Missions Baseball will host a Fort Sam Houston Night May 9. Tickets are \$6 and include a reserved seat in the Fort Sam Houston section. Tickets may be purchased through the Morale, Welfare, and Recreation ticket office located in the Sam Houston Club, Building 1395, Chaffee Road. For more information, call 226-1663.

### MAY 10

#### Mother's Day brunch

The Sam Houston Club will host a Mother's Day brunch May 10 from 10 a.m. to 1:30 p.m. The price per person, all inclusive, will be \$21.95 for non-members, \$18.95 for members and \$8.95 for children ages 6 to 11. Children ages 5 and under free. Menus may be picked up at the club prior to the event. For more information or reservations, call 226-1663 or 224-2721.

#### Fort Sam Houston '10-Miler'

Fort Sam Houston Sports and Fitness Branch will host a 10 mile qualifier for the Fort Sam Houston Running Team May 10 beginning at 7 a.m. at the Jimmy Brought Fitness Center. Participants may register now at the Jimmy Brought Fitness Center or same day registration will begin at 6 a.m. on run day. A registration fee of \$18 for military and \$25 for all others will apply. The 10-Miler is open to the military and local community. For more information, call 221-1234.

### MAY 11

#### Pre-deployment training

See MWR P15



**MWR from P14**

The Army Community Service Mobilization and Deployment Program will hold pre-deployment training May 11 from 9 a.m. to 3 p.m. at ACS, Building 2797. For more information or to register, call 221-2705 or e-mail samh.acs.mob.deploy@conus.army.mil.

**B.E.A.M.S.**

Building Effective Anger Management Skills classes will be offered May 11 from 5:30 to 7 p.m. This class will help to identify strategies to more effectively handle anger, resentment and frustration in your personal and professional life. For more information or to register, call 221-0349.

**MAY 12****Post-deployment training**

The Army Community Service Mobilization and Deployment Program will hold post-deployment training May 12 from 9 to 10:30

a.m. at ACS, Building 2797. For more information or to register, call 221-2705 or e-mail samh.acs.mob.deploy@conus.army.mil.

**MAY 13****Rear detachment planning**

The Army Community Service Mobilization and Deployment Program will hold rear detachment planning training May 13 from 8 a.m. to 3 p.m. at ACS, Building 2797. For more information or to register, call 221-2705 or e-mail samh.acs.mob.deploy@conus.army.mil.

**Family Advocacy offers help for new parents**

Army Community Service Family Advocacy program offers classes for parents. You and Your Baby will be held May 13 from 8 a.m. to noon; and Nurturing Parenting, Early Childhood will be held May 13 from 9 a.m. to noon at ACS, Building 2797. For more

information or to register, call 221-0349.

**Immigration Naturalization Services**

Immigration and Naturalization Services representatives will be available May 13 from noon to 2 p.m. at Army Community Service, Building 2797 for anyone with questions regarding immigration forms and problems with immigration. For more information, call 221-2418.

**MAY 15****Texas Hold'em tournament**

The Sam Houston Club will host a Texas Hold'em tournament May 15 from 6 p.m. until completion. Prizes will be awarded to the top eight players. A participation fee of \$20, to include a meal and drinks is due at the time of registration. For more information or to register, call 226-1663.

FORT SAM HOUSTON INDEPENDENT SCHOOL DISTRICT WEEKLY CAMPUS ACTIVITIES - MAY 11 TO 16	
<b>Fort Sam Houston Elementary School</b>	
May 11	— Pre-registration
May 14	— Pre-K and kindergarten round-up, 8:30 a.m. to 2:30 p.m.
May 15	— Early dismissal, 11 a.m. Spirit day
<b>Robert G. Cole Middle and High School</b>	
May 11	— Middle school GATE field trip to Botanical Gardens Academic C awards in Cole gym, 6 p.m.
May 12	— AP chemistry exam, 8 a.m. ; State tennis, TBA Seventh grade field trip to State Capital and UT Austin, 8:15 a.m. to 3:35 p.m. High school band and choirs spring concert in Moseley Gym, 7 p.m.
May 13	— AP English literature and composition, 8 a.m. JROTC blood drive, 3 to 7 p.m.
May 14	— AP world history exam, 8 a.m.
May 15	— State track meet at University of Texas at Austin Eighth grade field trip outdoor classroom days at Fiesta Texas 8:30 a.m. to 6:30 p.m.
May 16	— State track meet at University of Texas at Austin

# Early registration begins for new pre-k, kindergarten

Early registration for new students for the 2009-2010 Fort Sam Houston Elementary School pre-kindergarten and kindergarten program will be held May 14 from 8:30 to 10 a.m. and 1:30 to 2:30 p.m. in the cafeteria.

Children must be 4 years old on or before Sept. 1, 2009 to enroll in pre-kindergarten and 5 years old on or before Sept. 1, 2009 to enroll in kindergarten.

A parent must be active duty and reside on post

and the student must also reside on post to enroll in pre-kindergarten.

Students entering public school for the first time must submit a birth certificate or its equivalent, child's immunization record, proof of residence (i.e. Lincoln Military Housing Lease Agreement), child's social security number, and parent's Driver's License.

Required immunizations are:

• Tdap – at least four doses, including booster

after fourth birthday

- Polio – at least four doses, unless third was given on or after fourth birthday
- Measles, Mumps and Rubella – two doses of MMR received on or after first birthday, completed before kindergarten
- Hepatitis B – three doses in series, completed before kindergarten
- Hepatitis A – two doses in series, completed before kindergarten
- Chicken Pox – two doses or dated documentation of disease

Pre-kindergarten and kindergarten are full day programs. Transportation is provided for students, kindergarten through fifth grade. Parents are responsible for providing transportation for pre-kindergarten students. Parents will also have an opportunity to visit with the Military Child Education Coalition Parent to Parent representative, Pat Kirk, regarding Pre-k and kindergarten readiness techniques.

(Source: Fort Sam Houston ISD)

## Cole Middle School basketball camp registration begins

Cole Middle School will host its second annual basketball camp June 8 to 11 from 9 a.m. to noon each day. Coaches Tina Guerrero and Cavin Leonard will run the camp for sixth through eighth grade girls, covering shooting, fundamentals, post play and perimeter play.

The cost is \$50, space is lim-

ited to 60 participants. Parents may download the registration brochure from the middle school Web site at [www.fshisd.net](http://www.fshisd.net) or pick up a copy at the Cole Middle School office. Parents can e-mail Guerrero at [cguerrer@fshisd.net](mailto:cguerrer@fshisd.net) or Leonard at [cleonard@fshisd.net](mailto:cleonard@fshisd.net). Registration forms must be turned in by May 15.



MAY 7, 2009

NEWS LEADER

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## Rocco Dining Facility Menu

### Friday - May 8

#### Lunch - 11 a.m. to 1:30 p.m.

Barbecued ribs, roast beef, baked fish, mac and cheese

#### Dinner - 5 to 7 p.m.

Beef lasagna, Swiss steak, baked chicken, mashed potatoes, steamed rice, Brussels sprouts, hopping John, fried chicken

### Saturday - May 9

#### Lunch - noon to 1:30 p.m.

Fish amandine, broccoli cheese rice, chili macaroni, beef cordon blue, vegetable stir-fry

#### Dinner - 5 to 6:30 p.m.

Grilled pork chops, chicken fajitas, assorted pizza, spinach tortellini, corn on the cob

### Sunday - May 10

#### Lunch - noon to 1:30 p.m.

Grilled hamburger steak, turkey nuggets, baked chicken, vegetable bell peppers, candied sweet potatoes, seasoned corn, collard greens

#### Dinner - 5 to 6:30 p.m.

Beef stew and noodles, beef taco, cheese enchiladas, cornish hens, Spanish rice, brown rice, glazed sweet potatoes

### Monday - May 11

#### Lunch - 11 a.m. to 1:30 p.m.

Cantonese pork ribs, mushroom quiche, veal parmesan, baked chicken, baked ham, spaghetti with marinara, fried rice

#### Dinner - 5 to 7 p.m.

Swedish meat balls, turkey ala king, lemon baked fish, baked hot Italian, vermicelli, egg

plant parmesan, steamed rice, home fries

### Tuesday - May 12

#### Lunch - 11 a.m. to 1:30 p.m.

Beef fajitas, roast turkey, breaded pork chops, cheese enchiladas, baked potatoes, savory-style beans, jalapeño corn bread, broccoli

#### Dinner - 5 to 7 p.m.

Polish sausage, Mexican chicken, herbed Cornish hens, braised beef and noodles, steamed rice, potato frittata, egg noodles, Spanish rice, seasoned broccoli, cauliflower combo

### Wednesday - May 13

#### Lunch - 11 a.m. to 1:30 p.m.

Swedish meat balls, sweet and sour chicken, sauerbraten, beef brogul, hopping John, steamed rice, mashed potatoes, summer squash, stewed tomatoes

#### Dinner - 5 to 7 p.m.

Country-style steak, chicken adobo, pork schnitzel, roast pork, cheese manicotti, orange rice, rissole potatoes, steamed rice, oven-brown potatoes, asparagus, corn on the cob

### Thursday - May 14

#### Lunch - 11 a.m. to 1:30 p.m.

Oriental steaks, breaded pork chops, baked tuna and noodles, baked fish

#### Dinner - 5 to 7 p.m.

Beef porcupines, grilled ham steaks, honey ginger chicken, yakisoba, stuffed shells, potatoes au gratin, spaghetti with marinara



# Community

## Volunteers needed

Volunteers are needed for the Crocodile Dock Vacation Bible School camp June 15 to 19 at Dodd Field Chapel. No experience is necessary. A first aid class will held May 30 for all volunteers. For more information or to volunteer, call Brian Merry at 221-5006 or e-mail [brian.r.merry@us.army.mil](mailto:brian.r.merry@us.army.mil).

## MAY 11

### Military Civilian Club

The Military Civilian Club will

host a luncheon May 11 from 11:30 a.m. to 1 p.m. at the Sam Houston Club. In addition to announcing their scholarship recipient, Civilian President Barbara Wright, and Military President Ada Montalvo, will announce the new officers for 2008-2009. For more information, call Elizabeth Larsen at 273-2994 or e-mail [liz\\_larsen@hotmail.com](mailto:liz_larsen@hotmail.com).

## MAY 14

### Law Enforcement

## Appreciation luncheon

ASIS International San Antonio Chapter will honor outstanding law enforcement officers, military, and federal agents from San Antonio and surrounding communities during its 19th Annual Law Enforcement Appreciation luncheon May 14 at 11:30 a.m. at Oak Hills Country Club. This year each installation submitted a nominee to compete for the military winner and possibly the distinguished ASIS International San Antonio Chapter, Officer of the Year Award. The nominations are Department of the Army Police Officer Todd Cooley, Fort Sam Houston, Air Force Master Sgt. Scott Lassiter, Randolph Air Force Base and

Master Sgt. Richard Brunet, Lackland Air Force Base.

## MAY 23

### Walk to Remember

The Blue Stars Military Families of Wilson County will host a Walk to Remember, Salute America - Support our Troops, May 23 starting from Connally Memorial Medical Center, Floresville, Texas walking 2.5 miles to the Veterans Memorial Wall in downtown Floresville. There will be a small ceremony afterwards transportation will be provided back to Connally Memorial Medical Center. For more information, call Linda Valdez at 830-534-5061 or e-mail [army\\_mom91@yahoo.com](mailto:army_mom91@yahoo.com).



### Main Post Chapel, Building 2200, 221-2754

#### Catholic Services:

4:45 p.m. - Reconciliation - Saturdays

5:30 p.m. - Mass - Saturdays

9:30 a.m. - Mass - Sundays

11:30 a.m. - Mass - weekdays

#### Protestant Services - Sundays:

8 a.m. - Collective Protestant

11 a.m. - Collective Protestant

**Jewish Services:** 379-8666 or 493-6660

8 p.m. - Fridays - Worship and 8:30 p.m. - Oneg Shabbat

### Dodd Field Chapel, Building 1721, 221-5010 or 221-5432

#### Catholic Services:

9:15 to 11:15 a.m. - Catholic Women of the Chapel Enrichment or Bible Study - Mondays

12:30 p.m. - Mass - Sundays

#### Protestant Services:

10:30 a.m. - Gospel Protestant - Sundays

9:30 to 11:30 a.m. - Protestant Women of the Chapel meeting - Wednesdays, child care is provided

6:30 to 7:30 p.m. - Protestant Women of the Chapel meeting - Thursdays, child care is provided

**Samoan Protestant Service:** 8:30 a.m. - Sundays

### Brooke Army Medical Center Chapel, Building 3600, 916-1105

#### Catholic Services:

8:30 a.m. - Mass - Sundays

11 a.m. - Mass - Sundays

#### Protestant Services:

10 a.m. - Worship Service - Sundays

#### Episcopal/Lutheran Rite services:

12:30 p.m. - Traditional worship - Thursdays

**Center for the Intrepid, first floor,**

### 916-1105

#### Christ for the Intrepid services:

5:30 p.m. - Coffee and fellowship - Sundays

6 p.m. - Contemporary worship - Sundays

### AMEDD Regimental Chapel, Building 1398, 221-4362

#### 32nd Medical Brigade Student services

**Catholic Mass:** 8 a.m. - Sundays

**Contemporary Protestant Service:** 9:30 a.m. - Sundays

**Muslim Jumma:** 1:30 p.m. - Fridays

### Fort Sam Houston Library, Building 1222, 221-4702

#### Church of Jesus Christ of Latter Day Saints:

8:30 a.m. - Sundays

### Installation Chaplain's Office, Building 2530, 295-2096

**Contemporary Protestant:** 11:01 a.m. - Sundays

**Web site:** [www.samhouston.army.mil/chaplain](http://www.samhouston.army.mil/chaplain)

## For Sale Fort Freebies

**For Sale:** 1986 Bayliner Capri ski boat, 85 hp Force motor, runs great, garage kept, \$2,995. Call 221-3549.

**For Sale:** Large Maytag Plus refrigerator freezer, \$100; dresser with nine drawers, \$30; small above ground pool with filter, \$50. Call 592-8759.

**For Sale:** Ipod charger, alarm clock, \$20; Nintendo Game Cube with controller and Game Boy adapter, good condition, \$40, two kitchen high chairs, green, wicker, \$10 each. Call 697-9261.

**For Sale:** Wood-grain wall-

unit entertainment center, 6 feet high, 5 feet wide, 17 inches deep, \$150; baby crib, needs refinishing work, \$25; pillow-back sofa sleeper and loveseat, earthtones, \$225; Fisher Price outdoor picnic table, \$20; Replogle Hastings tabletop globe, \$30. Call 227-9017.

**For Sale:** Medium-size dog travel cage, \$20; dryer, \$99; computer desk, \$25; two-drawer metal filing cabinet, \$15; television entertainment center, wood, 4 feet by 8 feet, like new, \$100. Call Sandy 241-1291.

**For Sale:** Eighty gallon air

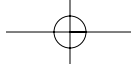
compressor, like new, \$850; power washer, \$245; Washburn bass with amplifier, \$800 obo; 1962 Chevy Nova, good engine, new tires, \$2,200 obo; Baja off-road motor bike, like new, \$450. Call 633-0881.

**For Sale:** Solid wood coffee table, sturdy, \$95; riding lawn mower, \$495; men's bike, girl's bike, \$35 each; Cardiogliders, new \$175; giant custom-made pet house, \$195. Call 633-2247.

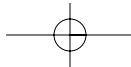
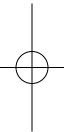
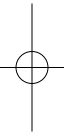
**For Sale:** Office desk, \$75; two chairs, \$35; solid oak table, \$75. Call 550-7371.

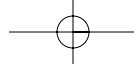
**Free:** Dalmatian retriever mix, 1 year old, trained, sweet, free to a good home. Call-592-8759



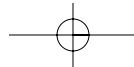
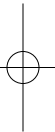
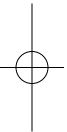


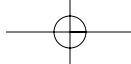
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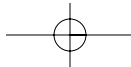
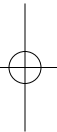
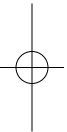


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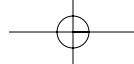




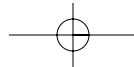
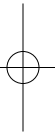
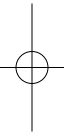
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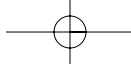




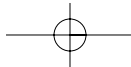
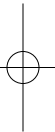
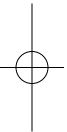


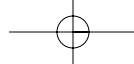
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6 X 9.75

